

## What next...?

If you have committed to becoming a Companion of Contemplative Fire, WELCOME!

You will soon receive a copy of our Rhythm of Life booklet, with materials to help you along the Way.

If you decide to become a Friend or Companion, make sure you've sent in your GDPR form, so we can add you to our mailing lists so you are aware of any events coming up and you can receive *Cf Post*.

If you are someone who uses social media, find our public Facebook group, introduce yourself and share any thoughts emerging from your contemplative practice there.

We are currently holding contemplative *Times of Togetherness* on Zoom once / month on a Sunday evening, which you are welcome to join, whether you have decided to become a Friend or a Companion of Cf or not.

Whether you have decided to become a Friend, a Companion, or just to engage occasionally with our events and social media, have a look at our website to deepen your journey:

<https://contemplativefire.org>

Companions have access to a private community area on the website, where we share thoughts, ideas, contemplative practices and community news.

Also on the website is a list of local area contacts. We would be delighted if you were able to get in touch for a conversation about your journey.



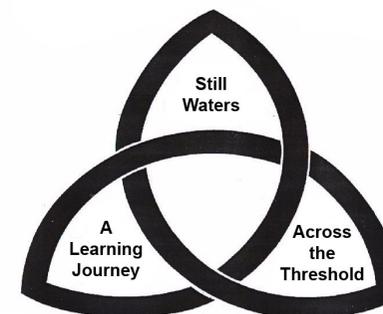
## Join us...?

### *Travelling Light: Dwelling Deep*

Contemplative Fire seeks to live the mystery of life in Christ by invitation into the spacious stillness of **Contemplative** prayer and by transforming encounter with the **Fire** of God's Spirit, which equips us for compassionate living.

This is a path of  
unknowing and knowing,  
of being loved and loving,  
of letting go and taking hold.

This is an invitation to  
a radical transformation of consciousness  
on the Way of Christ.



## Friends

Friends of Contemplative Fire are those with an active interest in the life of the community, but who do not wish to commit to joining the community as a Companion.

Contemplative Fire welcomes the support of its circle of Friends, who add to the richness of our community life in the ways that are most appropriate for them. This may include attending Contemplative Fire events and groups, connecting us with others who may be interested in exploring our way of being, or holding the community in prayer.

Friends are not expected to make a commitment to our rhythm of life, although if this is something you find you are drawn to, then we would be delighted to accompany you in your explorations towards becoming a Companion.

(NB As Friends are not formal members of the Contemplative Fire community, they are not eligible to vote on community matters.)

As a Friend of Cf you can choose to receive copies of our newsletter *Cf Post* and mailings about future events by email, and join in with many of our events. Just tick the relevant boxes and fill out your details on the attached GDPR form and return it to: [info@contemplativefire.org](mailto:info@contemplativefire.org)

## Companions

Our movement towards community reflects the value that we place on a shared journey, on growing relationships within which faith can be explored and deepened. These relationships are characterised by a profound respect for, and honouring of, one another. Companions experience a sense of conscious journeying together, even though we each have our own path to follow.

Companions of Contemplative Fire are those who feel drawn through personal commitment to this journey of 'travelling light, dwelling deep' by:

- Adopting a rhythm of life that interweaves, on a daily basis, being, knowing and doing (symbolised by the trefoil)
- Joining with other travelling companions for prayer in stillness, the sharing of food, stories and celebration, and a deepening of learning in the Way of Christ
- Contributing financially on a regular basis to sustain the ongoing life of the whole Contemplative Fire community
- Recommitting to our shared rhythm of life annually at our Community Weekend

Companions of Cf are eligible to vote on community matters, and receive access to the private community area of our website, and to all our events and groups, including our annual retreats and community weekend.

## Giving

If you would like to support our work either as part of being a Friend of Cf or as a sign of your commitment as a Companion, please use the bank details below:

Account name: Contemplative Fire  
Sort code: 09-07-27  
Account no.: 78891209

### *Standing Orders & Gift Aid*

If you wish to set up a regular standing order, please fill out the attached form (including consent for gift aid, if applicable) and return it to: [info@contemplativefire.org](mailto:info@contemplativefire.org)