

Contemplative Fire **Pilgrimage to Now/here**

Contemplative Fire: travelling light, dwelling deep



Saturday 27th April 2019, 10.00am for 10.30am until 3.30pm

“.....and I think to myself, what a wonderful world”

Louis Armstrong

Music and song have often been associated with creation.

On our silent pilgrimage walk we will enjoy various stops along the way when we will have the opportunity to breathe deeply, take in the glories of the natural world and listen to pieces of music. The music will be varied in character, some pieces known, and others not, but all will help us to be grounded in the springtime moment, and to experience the Divine in the creation enveloping us.

Leader, Jeremy Timm

Venue: Corner Cottage, Saltmarshe, Howden, E Yorks, DN14 7RY

If you need directions, please email: info@contemplativefire.org

Each *Pilgrimage to Now/here* is open to all, so please feel free to bring a friend.

Refreshments are provided during the day but please bring your own packed lunch.

As true pilgrims, we will brave the weather except in extreme circumstances (!), so please bring weatherproof shoes and clothing

It is very helpful to know numbers attending, so please pre-register as below.

Suggested donation for the day, between £10 and £20 per person. Please make this by BACS transfer- sort code 09-01-27, account 78891209, payment ref 'PTN April'- or by cheque to 'Contemplative Fire'

To register for the day, please email Viv Griffiths mavigriff@aol.com or write to Viv Griffiths, 71 Cobnar Road, Sheffield, S8 8QD

www.contemplativefire.org

Registered Charity no: 1106392