

CF Community Weekend 2012, Sunday morning - Living our Rhythm Interest group on prayer and intercession

A group of 18 participants met for 30 minutes of sharing and discussion following a previous 10-15 minutes in plenary where the facilitators of the three interest groups described their area of focus.

The clarification was made that Contemplative Fire does not seek to teach one particular method of prayer and intercession but hopes to present and offer in different ways, many resources and approaches. The affirmation was made that, in this area as in other areas of our rhythm of life, we are invited to be a community of practice, each of us on a journey of discovery ourselves.

Areas of helpful resource that were mentioned included spiritual accompaniment/direction, Quiet Gardens, Hidden Houses of Prayer.

Some of the queries and comments arising:

- 1 How do we share prayer experience?
- 2 What do we mean by prayer?
- 3 Is there a role for prayer companions?
- 4 Can we share weblink resources that people have found helpful in their own spiritual journey eg for organisations such as Contemplative Outreach
<http://www.couk.org.uk> and World Community for Christian Meditation
<http://www.wccm.org/>
- 5 Can we help those for whom the language of petition and intercession is difficult by reframing that language eg by using words and concepts such as energy and intention?
- 6 In the theological adventure that we're part of, can we offer or share resources which explore alternative models and metaphors of God eg using the language of being, bringing into being etc?
- 7 Could we offer to Companions the opportunity to, eg, do the Lord's Prayer body prayer at the same or a similar time each day?

Taking things forward:

Exploring current and emergent possibilities on CF website re prayer resources

Liaising with Susan B and Tessa re their ROL resource gathering

Liaising with Justin Roderick as current web master and as they envisage the future website, with Rob and the ICT group

Encouraging Companions to submit helpful weblinks they find useful in the arena of prayer and spiritual development

Philip Roderick